



Caring For Your Crown

Congratulations!! You have just had a crown cemented onto your tooth. You will get years of service from this restoration if you take special care of your crown.

- Do not chew hard or sticky foods for the first 24 hours while the cement sets.
- Mild sensitivity to hot and/or cold is expected. If this lasts longer than six weeks please contact us.
- Avoid “aggressive chewing” such as chewing ice, popcorn kernels, or sticky candy. This can fracture or remove the crown.

Preventive care for your new crown:

- Brush and floss after eating and before bed.
- After brushing before bed, rinse for 30 seconds with a fluoride mouth rinse.
- Visit us on schedule for your regular exam and cleaning. This is critical when crowns have been placed. Inadequate follow-up care is the most significant reason for crown failure.
- Call our office immediately at 847-272-1588 if you feel movement or looseness in the restoration.