



After Composite Fillings

When an anesthetic has been used, your lips and tongue may be numb for several hours after the appointment. Avoid any chewing and hot beverages until the numbness has completely worn off. It is very easy to bite or burn your tongue or lips while you are numb.

It is normal to experience some hot, cold, and pressure sensitivity after your appointment. Injection sites may also be sore. Ibuprofen (Motrin), Tylenol or aspirin (one tablet every three to four hours as needed for pain) work well to alleviate the tenderness.

You may chew with your composite fillings as soon as the anesthetic completely wears off. Unlike amalgam (silver) fillings that remain soft for 24 hours, composite fillings are fully set when you leave the office.

If the pressure sensitivity persists beyond a few days, or if the sensitivity to hot or cold increases, you should contact our office at 847-272-1588.